

# Wallingford MRC Newsletter

October 2017

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## Greetings MRC Members!

We welcome our new members: **Frank Ciccone, Veronica Farone, and Mary Heffernon** and thank all of our MRC volunteers for actively participating in our upcoming events! We hope you have all been enjoying your autumn!

All members are reminded of the need to complete the title 28 oath biennially; this provides additional liability protection beyond the Good Samaritan Law.



***Pictured above are the attendees of the Celebrate Wallingford Title 28 Oath! We would like to thank the members who could join us.***

**We will be conducting another swear-in 5 minutes before the First Aid training on November 7<sup>th</sup>.** There is no need to attend the training if you are certified already, but please arrive promptly at least 5 minutes beforehand if you plan on taking the oath.

Core training requirements include **MRC 101 (overview of MRC), FEMA: ICS 100, ICS 200, ICS 700, ICS 800, CPR, and First Aid.**

You can find the FEMA trainings on FEMA's website, along with many other useful independent study courses:

<https://training.fema.gov/is/crslist.aspx>

- After making an account with FEMA, they will send you a student ID number, which is used to take independent study courses.
- When you complete any trainings, **please email us the certificate** so we have record on file!

## MRC-TRAIN

We also suggest you make an account with MRC-TRAIN:

<https://www.mrc.train.org/DesktopShell.aspx>

- Before creating an account, scroll down to "Welcome to MRC Train," and you will find: **MRC-TRAIN 101 for Volunteers**, which shows how to navigate the website.
- When creating an account, **our unit number is 2460.**
- We suggest that you take "**Infection Control for POD Workers.**"



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# What is a POD?

**POD = Points of Dispensing**

Wallingford is a CDC “Mass Dispensing” site, with responsibility to distribute medication to all residents in response to an emergent infectious disease or biological event.



## Save-the-date:

**FSX POD: Tuesday July 10<sup>th</sup>, 3pm Start**  
**Sheltering exercise: July 7 – July 14**

We need at least 10 medical professionals (MD, RN, APRN, PharmD, etc.) and 30 non-medical persons to volunteer for this exercise and we need YOUR assistance for this exercise to be successful. We encourage you to be a part of our POD squad! More info on this event is on the way.

- Please note that if you are participating in the POD exercise, you must be First Aid and CPR/AED certified. We have an upcoming **First Aid Training** on November 7, 2017!



# Upcoming Trainings

Call the Health Department or email [MRCcoordinator06492@gmail.com](mailto:MRCcoordinator06492@gmail.com) to register!  
All trainings are *free* to members!

## **Naloxone Training & Discussion:**

October 25, 2017, 6pm – 8pm  
The Coalition for a Better Wallingford  
136 Center St., Wallingford

## **Active Shooter Training:**

October 28, 2017, 10am – 12pm  
Wallingford Parks and Recreation  
6 Fairfield Blvd., Wallingford  
*\*Intended for mature audiences\**

## **New Trainings!**

### **First Aid Training:**

November 7, 2017, 6pm – 8pm  
MRC Building: 143 Hope Hill Rd., Wallingford

### **Mental Health First Aid:**

November 15<sup>th</sup>, 5:45pm – 8:45pm.  
The Collins Room at the Wallingford Public Library: 200 N Main street, Wallingford

### **POD Overview Training:**

December 5<sup>th</sup>, 6pm – 8pm  
MRC Building: 143 Hope Hill Rd, Wallingford

- Based on response, we would also like to conduct an **MRC 101 Training – a brief overview of the role of MRC volunteers in town**, so please let us know if you're interested.

On behalf of the Town of Wallingford, **thank you in advance** for your continued support. We look forward to seeing you at upcoming training events!



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