



Town of Wallingford
Upcoming Training Opportunities



The top cause of preventable death in trauma is bleeding. 20% of people who have died from traumatic injuries could have survived with quick bleeding control. National Stop the Bleed Day is aimed to train citizens how to stop uncontrolled bleeding until professional first responders can arrive.

During this training, you will learn these simple life-saving techniques:

1. Learn how to stop bleeding
2. Use a tourniquet
3. Apply pressure and pack a wound

MRC Building:
143 Hope Hill Rd
Wallingford, CT
2-4 pm



Registration requested: call the Wallingford Health Department at
(203)294-2065

Or email MRCcoordinator06492@gmail.com